

# EDUCATIONAL FEATURES

- ◆ EVIDENCED-BASED
- ◆ INTERACTIVE
- ◆ CASE-BASED LEARNING

## NURSING EDUCATION TO ADDRESS AGEISM

Nurses often care for older people in settings not designed for them, perpetuating ageist stereotypes and affecting nursing culture and education. To bridge this gap, we offer free e-learning modules to enhance nurses' skills in gerontological care. Our goal is to provide adequate education to nurses who lack the necessary skills to care for older people.



## WHY IS THIS IMPORTANT?

Countries must prepare health and social systems for an aging population. The rate of ageing is much faster. In 2020, those aged 60+ surpassed those under 5. The global population over 60 will almost double from 12% to 22% between 2015 and 2050.

The World Health Organization



## GERONTOLOGICAL NURSING EDUCATION

Free Education Modules

accessible through  
<https://courses.agna.ca/>

Create an account  
through AGNA  
website



 **UNIVERSITY OF ALBERTA**  
FACULTY OF NURSING

**AGNA**  
Alberta Gerontological  
Nurses Association

 Social Sciences and  
Humanities Research  
Council of Canada  
**Canada**

Conseil de recherches  
en sciences humaines  
du Canada

# Learning Contents

1. Understanding and communicating with older people
2. Cognitive Impairment
3. Continence and Mobility
4. Health Promotion
5. Comfort and Continence
6. Responsive Behaviours
7. Equity and Diversity
8. Pain Assessment
9. Palliative Care
10. Leadership and Ageism



## More Information :



<https://agna.ca/contact/>



[education@agna.ca](mailto:education@agna.ca)



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Nursing Academic Instructors from the University of Alberta developed e-learning modules on gerontological care, funded by the Social Sciences and Humanities Research Council of Canada as part of the Awakening Canadians to Ageism research grant . An advisory group emphasized the importance of accurate aging knowledge for nurses to combat ageism. Modules based on Canadian nursing competencies were well-received by student nurses. We would like to make these modules available to practicing nurses as well. The modules are available through the Alberta Gerontological Nurses Association (AGNA) as a part of our efforts to promote excellence in gerontological nursing and combat ageism in healthcare. Visit [www.agna.ca](http://www.agna.ca) for more information and access the modules for professional development.